



United
Women
in Faith

Church of the Saviour
United Methodist Women
October 2022

BOARD MEETING

TUESDAY, October 4, 10:00 a.m., by Zoom

FROM THE BOARD

As your Nurture committee representative, you know me best hosting Memorial receptions, a job I've been doing for many years. Somehow it feels like my calling to tend the grieving by providing this hospitality. Many of you help me in this ministry by baking and hosting with me. I've been on the Board for decades in a few other roles as well, especially enjoying the years I co-chaired the Flea Market. What a privilege to serve!

This has been a year of October-like life changes for me. Moving was a major change, downsizing as many of us have done. Losing a few very special friends reminded me just how much of my days are spent caring for others. Truly there is a time to every purpose and changes are always on the horizon. But God is our steady Rock and Redeemer, no matter how things may seem like loss. The beauty we enjoy on these October days and the friendship we enjoy as women of faith working together are gifts to cherish.

Liz Mull, Nurture Committee

PROGRAM

In lieu of a program this month, all women are invited to participate in the Fall Flea Market which will be held October 14 & 15.

Program Committee

TREASURER'S REPORT

As of August 31, 2022 our operating balance is \$1,571.50. During the month of August, we dispersed our end-of-year mission giving totally \$10,800. The following agencies received donations: Flat Rock Homes, Midwest Distribution Center, West Side Community House, three missionary covenants, Manos Juntos Mexico, UMCOR, Old Mutari Orphanage, Nehemiah Mission, Cory UMC Local Mission projects, Habitat for Humanity and Birthing Beautiful. In addition, during September we awarded Blair Porter money for her trip to Haiti.



The month of September is United Women in Faith pledge month. Pledges help us to fulfill our commitments to the District, Conference and National office obligations. Pledges can be made in any amount at any time between September and June. For those who weren't at the General Meeting in September it isn't too late to make or pay your pledge. Checks should be made out to UMW and placed the yellow folder in the United Women in Faith mailbox in the church office.

The overall budget for the year 2022-2023 is \$18,850. To help us fulfill this budget amount we need your help in collecting and delivering to the church beginning October 9th after the

11:00 service, your best fleas. We are always looking for people to help set up, sort, price, sell and clean up.

Connie Carihfield, Treasurer

CONFERENCE & DISTRICT NEWS

Judge Marilyn B Cassidy was the guest speaker at the NCD UWinF Fall District Meeting. With approximately 45 women in attendance, the meeting included a message about navigating human trafficking victims through the court system in a humane and rehabilitative way. A service of remembrance and an installation of officers was also held.

A thank you to the following that helped in various ways Friday afternoon and Saturday morning: Vera, Betsy, Kevin, Mary Ann, Tina, Mary H., Connie, Mary Lou, Kathleen, Anne and Marty. Much appreciation.

The EOC UWinF will hold its Annual Celebration Saturday October 22 at Berea UMC. Please see attached sheet for details and registration form.

Debbie Jones, District Representative

GLOBAL MISSIONARY COVENANT CONNECTION

Trobby Kandala had Larry Kies as a teacher and he is a graduate of Africa University. He is a GBGM serving in Sierra Leone where he uses his skills to help women develop community gardens as he teaches nutrition. Even though the tropics are very wet, one of the challenges to gardening is evaporation. He loves to raise chickens.

Trobby also has vision to conduct training against gender-based violence and strives to meet the GBGM motto “from everywhere to everywhere.”

Trobby thanks our United Women in Faith chapter for our Covenant Support.

Kevin Schaner



FLEA MARKET

The Fall Flea Market is coming up on October 14th and 15th.

Donations of household items, furniture, books and toys will be accepted starting Sunday, October 9th. No clothing will be accepted. In addition to donating items, please plan to donate your time. We need many hands to sort and price items Monday through Thursday. On Friday and Saturday, we need cashiers, greeter, monitors and a clean-up crew.



Mary Freer, Ways and Means

CHURCH WOMEN UNITED GREATER CLEVELAND

Human Rights Day Celebration

A Call to Act. 1 John 3:18

Friday, October 7th at 10:30

Liberty Hill Baptist Church

Cost is \$15 which includes lunch (checks payable to CWUGC)

Reservations due by October 1

Send to CWUGC, P.O. Box 202152, Shaker Heights 4120

Invite a friend to join you.

A 10-DAY SPIRITUAL FITNESS PROGRAM

Now is the right time to shape up for fall. Let's get down to a 10-day spiritual fitness program that is practical for us all.

First Day: Today I will dine on gratitude - thanking God for the life He gave me and seeing that my "helpings" are generous. I shall share, saying, "Come to the table of the Lord; taste, cherish, enjoy!"

Second Day: Today I skimp on pessimism, substituting optimism. I shall pray for "sweet things" and know that they will be served!

Third Day: Today I will go on a liquid diet of cheer, sharing a cup of joy with everyone I meet. I shall experiment with flavors of sunshine and song.

Fourth Day: Today I will nibble away until I find something good in each member of my family and friends. I will sift and sort until I find it.

Fifth Day: Today I will drink from the cup for forgiveness - even when the dregs are bitter. I will discard every grudge - no "snacks" allowed.

Sixth Day: Today I will indulge myself in prayer. I have worked very hard on this program and I must rest and ask for new energy.

Seventh Day: Today, I will clean my pantry, removing self-pity and selfishness. I have been gluttonous and these must go. *Lord, let me not be tempted.*

Eighth Day: Today I will discard all of yesterday's leftovers, letting today be sufficient unto itself. A "warmed over" past can spoil my day.

Ninth Day: Today I will serve low-budget "happiness food," remembering that a tender touch, a pleasant smile, a call is great nourishment.

Tenth Day: Today I will fast – refraining from complaint, listening to others.

Now, try putting all these together. Have a good day!

Submitted by *Marty Bergman*

CIRCLE MEETINGS

EDNA RHODES CIRCLE

You are invited to join us on Tuesday, October 25, 2022 when the COTS Dementia Task Force gives a presentation at the Edna Rhodes Circle meeting. The time is 12:30 p.m. in the parlor. Come and learn about what is being done to make our church dementia friendly.

Please bring a brown bag lunch. Dessert and beverage will be provided.



Martha Circle

Martha Circle will meet October 26th at 7 p.m. in the Parlor for an informational meeting and discussion of Dementia and Memory Issues. Circle members Connie Carihfield, Becky Roberts, Kevin Schaner, Doris Simpson, and Darlene Walker will present information focused primarily on interacting with persons with dementia, with some discussion of types of dementia and risk factors.

*Submission Deadline for November UWinF Newsletter is Saturday, October 15.
Please send submissions to Stefanie Hiles at shiles9098@aol.com.*



ANNUAL CELEBRATION
East Ohio Conference
United Women in Faith

Berea United Methodist Church
170 Seminary Street
Berea, OH 44017
440-234-3525



“Who Is My Neighbor?”
Guest Speaker, Kimberly Chapman-Wynne

Saturday, October 22, 2022

Registration – 9:00-10:00

First Session Begins at 10:00

\$15.00 – Includes light breakfast & lunch

Child care available – no fee – bring a sack lunch for each child

Registration Form: \$15.00 must be included. Deadline Oct. 7th

Name _____

Church & District _____

Diet restriction? _____ What type? _____

*Send registration form to: Kelly Korb, 210 Blue Spruce Ct.,
 Seville, OH 44273*